



GUJARAT TECHNOLOGY UNIVERSITY

NATIONAL SERVICE SCHEME

GOVERNMENT POLYTECHNIC FOR GIRLS

A Report on

“Thalassemia Counselling Session” on

06.05.2025

Of

(615) GOVERNMENT POLYTECHNIC FOR GIRLS

NSS Unit Name/College Name: (615) Government Polytechnic for Girls, Surat

Event NAME: Thalassemia Counselling Session - 2025

Event Date, Time and Location: 06.05.2025, 11:00 AM onwards, Vivekanand Hall, Government Polytechnic for Girls, Surat

Brief Description of the Event:

The NSS Unit of Government Polytechnic for Girls, Surat, in collaboration with the Red Cross Society organized a “Thalassemia Counselling Session” on 6th May

2025 at Vivekanand Hall following the Thalassemia Test Drive conducted on 4th March 2025.

The session was specifically arranged for the 31 students who were found positive for Thalassemia Minor/Anaemia/Sickle Cell during the test. A team of doctors and counsellors from Red Cross Society delivered valuable insights regarding Thalassemia, its genetic implications, health management, and lifestyle adaptations.

The doctors also explained the importance of premarital testing, nutritional care, and cleared doubts through interactive one-on-one counselling with all the students.

Major Outcomes of Event:

Students were educated on the following key topics:

- What is Thalassemia Minor and its long-term impact
- Importance of genetic awareness before marriage
- Diet and lifestyle practices for Thalassemia carriers
- Managing social and emotional aspects of the disorder
- Differences between Thalassemia, Anaemia, and Sickle Cell

• Photographs of the Event:



